

Winfield School News

"Cultivating Excellence"

October 1, 2018

Dear Parents and Guardians,

Wow! The month of September seemed to fly by so quickly! We are now officially into fall, even though we have had snow several times already. With the changing weather, we would like to encourage students to dress appropriately for recesses outside, especially the rain and snow. The students will be playing outside, unless the temperature is colder than -25C.

As the school fundraiser this year, we have decided to order tasty beef jerky locally from **Leduc Meats!** (Note: this is *not* the same company as last year's order.) Wilhauk Beef Jerky is well-known for its great flavour and quality! Each bag weighs .43 lbs or .195 kg and will sell for \$20. The packages are vacuum sealed and will last up to four months on the shelf. Once the package is opened, it will last for 7-10 days when refrigerated. The order forms are attached to the newsletter. We would ask that orders and money be forwarded to the school by **October 19, 2018**. We are hoping to distribute the product by November 6. Due to the proximity to Christmas, we are unable to accept late orders as Leduc Meats is not taking orders closer to Christmas.



Excellent Running Results!

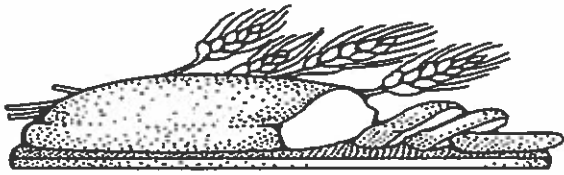
As per Winfield School's motto of "Cultivating Excellence", our students had awesome results at the Rod Drebert Cross Country Meet on Sept. 19! Out of the 15 students who ran, we received 7 medals and a number of participation ribbons! I would like to congratulate the following students for their commitment to physical fitness and determination run the race: Maelle Drebert, Cayden Collins, Elijah Drebert, Shelby White, Tristan Bailey, Blake Drebert, Cooper Duffy, Abby Borowic, Maya Willows, Nash Loewen, Chelsia Jeffcott, Natalia Cross, Keara Grover, Alex Block, Anna Akins-Nelson.

Happy Thanksgiving. We hope that you enjoy time with your families. No school on Monday, Oct. 8, 2018.



Fire Prevention Week is October 8-12
The Winfield Fire Department will be coming to Winfield School on Wednesday, October 10, from 9:00-11:30. They will be visiting each classroom to talk with the students.

Professional Development Day for teachers on Friday, October 12. No school for the students on this day.



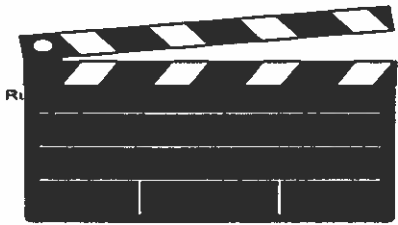
Breton Food Bank Drive October 1-5

Please bring canned and non-perishable food items to the school and we will ensure that they are passed onto the Food Bank to be used for hampers for families needing a hand up.



Wednesday's Choir

Students in Gr. 3-6 have the opportunity to sing in a noon hour choir with Mrs. Karen Keates.



MOVIE NIGHT

Hosted by: Winfield School Fundraising Committee

HOTEL TRANSYLVANIA 3

Now showing on Friday, October 19th in the Winfield Elementary School gym. Doors open at 6:30, movie starts at 7. Admission enters you for a chance to win the movie!



PICTURE DAY

Individual school photos will be taken on Monday, October 22.



Halloween Activities on October 31 will include a pancake breakfast, costume walk and classroom parties. **Please, no costumes portraying violence and no weapons.**

Ms.Kandice's Korner

10 Keys to Building a Strong Family (taken from the CTRI, Wendy Loewen)

1. **Give your Time:** Think "quality of time" not quantity of time. Of course both matter, but relationship and connection take time. It is in the context of relationship that we can mentor, guide and affirm. Time is a gift and an investment in our children.

2. **Guard their time:** It is not just our time that needs to be managed, but also our children's. If we want strong families, we need to not overcommit to activities and opportunities. Saying yes to great experiences can sometimes result in little time or energy left over. Question your commitments and know your boundaries.

3. **Make opportunities for One-on-One Time:** Look for and make time to have one-on-one time with your child. Look to their interests for ideas and ask them what they would like to do together.

4. **Be Available:** Be ready to talk or initiate a conversation when your children are open. Sometimes kids want to talk; other times they are not interested. When the door opens, be ready and give your undivided attention and listen.

5. **Express Affirmation:** Affirm your child for who they are, not just what they do or accomplish. Smile at them, hug them, tell them they matter and you like them as a person.

6. **Work together:** Take advantage of household chores. Working together has multiple payoffs; you get to be together, children learn valuable life skills, things get done and everyone feels like a valuable contributor.

7. **Have fun together:** Playing together should be a regular experience. Bike rides, a round of cards, games, throwing a frisbee in the park, coloring, anything that is fun. Sharing playful experiences builds our family's sense of collective identity and bonds us together in powerful ways.

8. **Eat together:** One of the most powerful family traditions is meal time. It is time to come together, pause, decompress and hear about what is going on in each other's lives.

9. **Celebrate together:** Strong families celebrate both the big wins and the small accomplishments of each other. They sit on the side lines and cheer during sporting events, they make sure to take in performances, they high-five for passing the killer math test - they recognize milestones.

10. **Evaluate yourself:** Continually self-evaluate. We often forget to stand back and assess our contribution and leadership as a parent. Where are my strengths? Where are my weaknesses? Do I treat my children with gentleness and respect? Do I hug and affirm my child? Do I have reasonable expectations? Do I say "I'm sorry" when I mistake?

If you would like more information or support about parenting, please give me a call at Winfield School on Wednesdays at (780) 682-3856.



Winfield Ag Society presents

Clue: Murder is Not a Game

For your entertainment, we are hosting a Murder Mystery Night.

*****Family friendly event*****

Winfield Hall

Saturday October 27th

\$20

TICKETS

50/50

Doorprizes



Doors open at 4:30pm
Interactive show will
begin at 5:30pm
Supper at 6pm

For tickets email
winfieldagsociety@gmail.com
or call Lisa 780-514-6671

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